



## Quill Camp: Project Peak 2022

### *Participant Schedule*

*\*Please note that dress expectation for these programs is to be clothes that you don't mind getting dirty, ripped, torn or lost outdoors\**

#### **Sunday, August 14<sup>th</sup>**

##### ***Time Activity***

8:00-9:30am	Resident Hall Move In
9:30-11:00am	Check in
11:00-11:30am	Meet Up with Trip Leader
11:30-12:00pm	Depart to Respective Outdoor Adventures

#### **Monday, August 15<sup>th</sup>-Tuesday, August 16<sup>th</sup>**

##### ***Time Activity***

8:00am-9:45pm	Off-site for Camp Specific Activities
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#### **Wednesday, August 17<sup>th</sup>**

##### ***Time Activity***

8:30-11:30am	Outdoor Adventure Wrap Up
11:45am- 1:30pm	Drive Back to Campus
1:30-2:30pm	Check Out

## QUILL CAMP 2022 PROJECT PEAK OUTDOOR ADVENTURES OPTIONS

### Canoeing

Spend three days paddling down the beautiful Shenandoah River. You will learn the basics of canoe tripping on this adventure. Your first night you will stay in a state park campground along the river. The next morning you'll meet your boats and launch into your three day river adventure. Each night will be spent camping along the river and each day will be spent paddling your canoes and your equipment to your next campsite. On the last full day you'll paddle up to the campground where you'll spend your last night before driving back to campus the next morning. Daily distances are appropriate for beginners with no canoeing experience. There will be plenty of time in camp and on the water to get to know each other and enjoy the natural scenery of the river valley. Keep an eye out for the frequent bald eagles along the way.

### Basecamp Multisport

Basecamp style trips involve staying in one campground each night and doing day trips from there each day. You'll spend your days alternating between hiking, rock climbing, and whitewater kayaking. Each day will present unique challenges and adventures suitable for all experience levels.

### Backpacking

Spend three days backpacking in Shenandoah National Park. Your first night you will stay in a national park campground with bathrooms and van access. The next morning you'll pack up all your equipment into your packs, load them on your backs, and start your journey on the trail. Over three days you will hike a total of about 20 miles. Each night will be spent tent camping along the trail. This trip is appropriate for new backpackers, but participants should have a moderate level of fitness.